



# Supermarket Sweep

## How do symbols help us in our understanding of a religion?



### RELIGIOUS EDUCATION



#### 1. What is a symbol and why are symbols used in everyday life?

A **symbol** is a drawing, shape, or object that represents an idea, object, or amount of something.

- They help us communicate non verbally with each other.
- They are used to represent certain ideas and objects.
- They are also used to indicate danger.

#### 3. What other symbols are used within different religions?



Dove

Holy Spirit



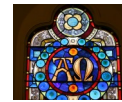
Water

Baptism and new life



Menorah

Light of God, Creation in 7 days



Alpha and Omega

God is at the start and the end.

Worship

To honour a particular belief.

Celebrations

Something special or enjoyable for an important event, occasion, holiday

Om

The most sacred symbol in Hinduism.

Lotus Flower

A symbol of purity and rebirth.

Rituals

A set of actions people do.

#### 2. What are the symbols of the main six religions and what do they represent?



Hinduism

Aum



Buddhism

The Dharma Wheel



Islam

Crescent and Star



Christianity

Cross



Judaism

The Star of David



Sikhism

The Khanda

#### 4. What other movements and activities can also be symbolic?



Baptism—using water to welcome someone to the church



Holy Communion—Christian worship where bread and wine are shared.



Confirmation—affirms Christian beliefs and fully welcomed into the church

#### Applying Past Knowledge

*This learning links with the lessons you had in years 1 and 2 on Christianity and Islam.*

#### 5. What symbols are used in Christian art and what do they tell us about Christians beliefs?

#### 6. Which symbol is important to you and how does it help you in your everyday life?