## I Am a Writer



Look at me...

First I practice my gross motor skills. Large cross lateral movements help me develop coordination and muscle memory.



Wake up shake up, climbing, and PE all help strengthen my big muscles.



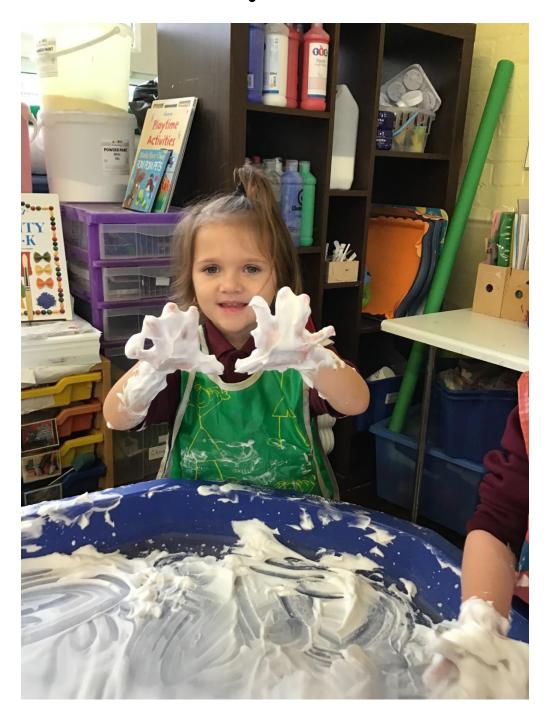
Then I practice my fine motor skills. Activities where I need my fingers and thumbs help me to hold a pencil and strengthen my hand muscles.





Wind up toys, threading, placing and arranging.

## I can make my first marks anywhere!

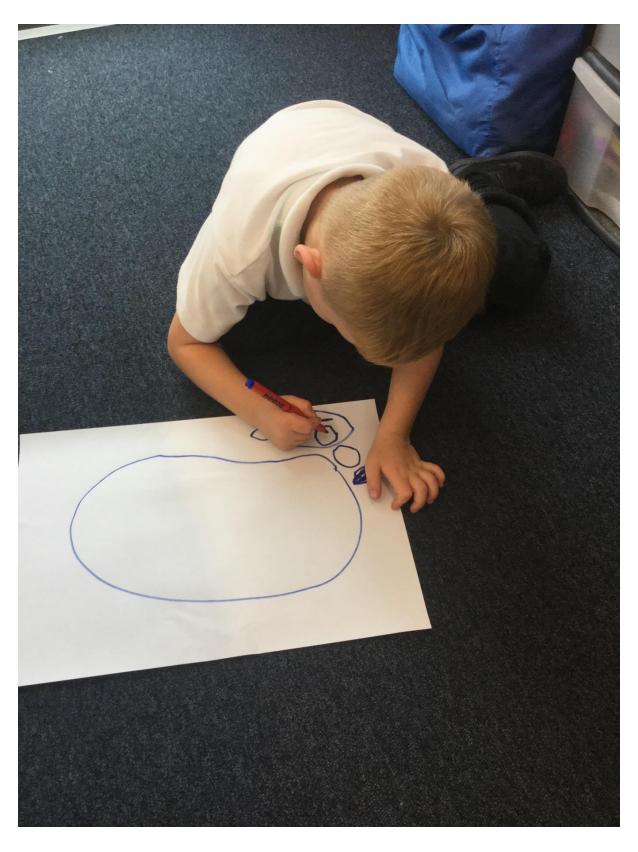


Not just pen and paper!

## I like to choose different ways to write.



Tracing, white boards, chalk, paints.



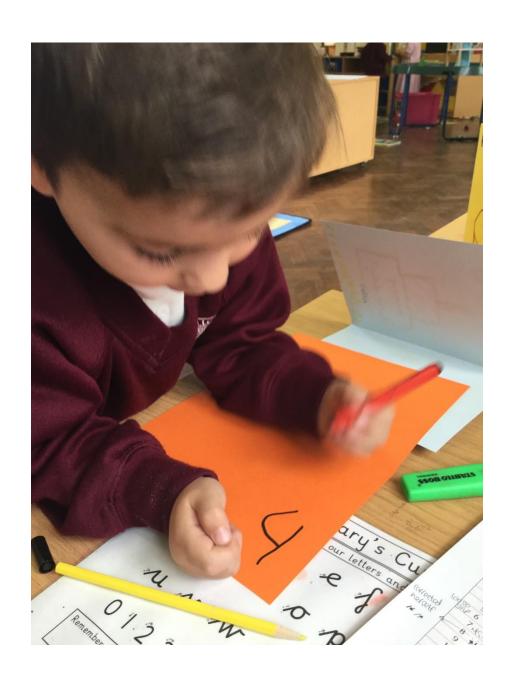
I start off big!



Then I get smaller and my marks are more varied.

## Until I can make letter like shapes.





Soon I'm making the letters in my name. ....And that's how I do it.

Confident! Persistent! Organised!

Clever me!