



SLP CAMHS Crisis Line

For children and young people, and those caring for them

If you, or your parent/carer is concerned about your deteriorating mental health, and you think you would benefit from crisis support, advice, and guidance, you can call:

0203 228 5980

Monday - Friday: 5pm - 11pm

Saturday, Sunday, Bank Holidays: 9am - 11pm

Staffed by CAMHS Crisis Practitioners, to help you or the young person you're caring for through a period of crisis or significant distress