



Hillcross Primary PSHE Curriculum

| Year 1 | | | | | | | | | |
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| Topic | Autumn 1: Change Over Time | | Autumn 2: Carnival of the Animals | Spring 1: End of the Line | | Spring 2: Very Victorian Values | Summer 1: Fee Fi FO Fum | | Summer 2: Whole School Topic |
| | Families and friendship | Safe Relationships | Respecting Ourselves and Others | Belonging to a community | Media literacy and digital resilience | Money and work | Physical health and Mental wellbeing | Growing and changing | Keeping safe |
| Relationships | Families and friendships Roles of different people; families; feeling cared for PoS Refs: R1, R2, R3, R4, R5 | Safe relationships Recognising privacy; staying safe; seeking permission PoS Refs: R10, R13, R15, R16, R17 | Respecting ourselves and others How behaviour affects others; being polite and respectful PoS Refs: R21, R22 | | | | | | |
| Living in the Wider World | | | | Belonging to a community What rules are; caring for others' needs; looking after the environment PoS Refs: L1, L2, L3 Link to RE from Autumn 2 | Media literacy and Digital resilience Using the internet and digital devices; communicating online PoS Refs: L7, L8 | Money and Work Strengths and interests; jobs in the community PoS Refs: L14, L16, L17 | | | |
| Health and Wellbeing | | | | | | | Physical health and Mental wellbeing Keeping healthy; food and exercise; hygiene routines; sun safety PoS Refs: H1, H2, H3, H5, H8, H9, H10 | Growing and changing Recognising what makes them unique and special; feelings; managing when things go wrong PoS Refs: H11, H12, H13, H14, H15, H21, H22, H23, H24 | How rules and age restrictions help us; keeping safe online PoS Refs: H28, H34 |
| British Values Democracy is exercised throughout the year for Head teacher Awards etc. | → Democracy → Rule of law | → The Rule of Law → Individual Liberty | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Individual liberty | → The Rule of Law → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy | → Democracy → The Rule of Law → Individual liberty | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy - jobs panel → Individual liberty | → Individual liberty → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith | → Individual liberty - being your true self → Rule of Law - to protect people | → Rule of Law Individual liberty |
| Equalities (Role Models) Resources and lessons should reflect and represent all relevant protected characteristics | → Marriage & civil partnerships → Sexual orientation → Ethnicity and race | → <i>Black history month</i> → <i>Bullying links to all protected characteristics</i> → Sexual orientation → Ethnicity and race → Age → Disability | → Respect for everyone: → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief | → Religion and belief → Ethnicity and race → Age → Sexual orientation → Marriage and civil partnership | → Age - restrictions on age to keep safe not to discriminate | → Sex → Stereotyping- address male vs female roles, the importance of all jobs in the community and that a doctor is not | → Age → Disability → Religion and belief (religions which don't allow medical intervention) | → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity | → Age |

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| | | <ul style="list-style-type: none">→ Sex→ Religion and belief→ Marriage and civil partnership→ Gender reassignment | <ul style="list-style-type: none">→ Pregnancy and maternity | | | <ul style="list-style-type: none">more important than a cleaner.→ Sexual orientation→ Ethnicity and race→ Age→ Disability→ Sex→ Religion and belief→ Marriage and civil partnership→ Gender reassignment→ Pregnancy and maternity | <ul style="list-style-type: none">→ Gender reassignment | | |
| Rights Respecting School | <p><u>Article 1:</u> Everyone under 18 has all these rights.</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> <p><u>Article 3:</u> All adults should always do what is best for you.</p> <p><u>Article 4:</u> You have the right to have your rights made a reality by the government.</p> <p><u>Article 5:</u> You have the right to be given guidance by your parents and family.</p> <p><u>Article 28:</u> You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.</p> | <p><u>Article 16:</u> You have the right to privacy.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 34:</u> You have the right to be free from sexual abuse.</p> <p><u>Article 35:</u> No one is allowed to kidnap or sell you.</p> <p><u>Article 36:</u> You have the right to protection from any kind of exploitation (being taken advantage of).</p> <p>Black History Month</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> | <p><u>Article 2:</u> All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.</p> <p><u>Article 29:</u> Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.</p> <p><u>Article 30:</u> You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.</p> | <p><u>Article 6:</u> You have the right to life</p> <p><u>Article 7:</u> You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country).</p> <p><u>Article 8:</u> You have the right to an identity – an official record of who you are. No one should take this away from you.</p> <p><u>Article 18:</u> You have the right to be brought up by your parents, if possible.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind</p> <p><u>Article 27:</u> You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.</p> | <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 17:</u> You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> | <p><u>Article 13:</u> You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others</p> <p><u>Article 14:</u> You have the right to think what you like and be whatever religion you want to be, with your parents' guidance.</p> | <p><u>Article 24:</u> You have a right to the best health possible and to medical care and to information that will help you to stay well.</p> <p><u>Article 31:</u> You have the right to play and relax by doing things like sports, music and drama.</p> | <p><u>Article 12:</u> You have the right to give your opinion, and for adults to listen and take it seriously.</p> <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 34:</u> You have the right to be protected from sexual abuse.</p> | <p><u>Article 17:</u> You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> <p><u>Article 36:</u> You have the right to protection from any other kind of exploitation.</p> |



Hillcross Primary PSHE Curriculum

Year 2

| Topic | Autumn 1: Into the frame | | Autumn 2: Hearts and lanterns | | Spring 1: Under the sea | | Spring 2: Disaster Strikes | | Summer 1: A journey to discovery | | Summer 2: Whole School Topic | |
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| | Families and friendship | Safe Relationships | Respecting Ourselves and Others | Belonging to a community | Media literacy and digital resilience | Money and work | Physical health and Mental wellbeing | Growing and changing | Keeping safe | | | |
| Relationships | Families and friendships Making friends; feeling lonely and getting help PoS Refs: R6, R7 R8, R9, R24 | Safe relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour PoS Refs: R11, R12, R14, R18, R19, R20 | Respecting ourselves and others Recognising things in common and differences; playing and working cooperatively; sharing opinions PoS Refs: R23, R24, R25 | | | | | | | | | |
| Living in the Wider World | | | | Belonging to a community Belonging to a group; roles and responsibilities; being the same and different in the community PoS Refs: L2, L4, L5, L6 | Media literacy and Digital resilience The internet in everyday life; online content and information PoS Refs: L8, L9 | Money and Work What money is; needs and wants; looking after money PoS Refs: L10, L11, L12, L13, L15 | | | | | | |
| Health and Wellbeing | | | | | | | Physical health and Mental wellbeing Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help PoS Refs: H4, H6, H7, H16, H17, H18, H19, H20 | Growing and changing Growing older; naming body parts; moving class or year PoS Refs: H20, H25, H26, H27 | Keeping safe Safety in different environments; risk and safety at home; emergencies PoS Refs: H29, H30, H31, H32, H33, H35, H36, H27 | | | |
| British Values Democracy is exercised throughout the year for Head teacher Awards etc. | → Democracy → Rule of law | → The Rule of Law → Individual Liberty | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Individual liberty | → The Rule of Law → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy | → Democracy → The Rule of Law → Individual liberty | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy - jobs panel → Individual liberty | → Individual liberty → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith | → Individual liberty - being your true self → Rule of Law - to protect people | → Rule of Law → Individual liberty | | | |
| Equalities (Role Models) Resources and lessons should reflect and represent all relevant protected characteristics | → Marriage & civil partnerships → Sexual orientation → Ethnicity and race | → Black history month → Bullying links to all protected characteristics → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership | → Respect for everyone: → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity | → Religion and belief → Ethnicity and race → Age → Sexual orientation → Marriage and civil partnership | → Age - restrictions on age to keep safe not to discriminate | → Sex → Stereotyping- address male vs female roles, the importance of all jobs in the community and that a doctor is not more important than a cleaner. → Sexual orientation → Ethnicity and race → Age | → Age → Disability → Religion and belief (religions which don't allow medical intervention) | → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity → Gender reassignment | → Age | | | |

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| | | → Gender reassignment | | | | → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment → Pregnancy and maternity | | | |
| Rights Respecting School | <p><u>Article 1:</u> Everyone under 18 has all these rights.</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> <p><u>Article 3:</u> All adults should always do what is best for you.</p> <p><u>Article 4:</u> You have the right to have your rights made a reality by the government.</p> <p><u>Article 5:</u> You have the right to be given guidance by your parents and family.</p> <p><u>Article 28:</u> You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.</p> | <p><u>Article 16:</u> You have the right to privacy.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 34:</u> You have the right to be free from sexual abuse.</p> <p><u>Article 35:</u> No one is allowed to kidnap or sell you.</p> <p><u>Article 36:</u> You have the right to protection from any kind of exploitation (being taken advantage of).</p> <p>Black History Month</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> | <p><u>Article 2:</u> All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.</p> <p><u>Article 29:</u> Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.</p> <p><u>Article 30:</u> You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.</p> | <p><u>Article 6:</u> You have the right to life.</p> <p><u>Article 7:</u> You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country).</p> <p><u>Article 8:</u> You have the right to an identity – an official record of who you are. No one should take this away from you.</p> <p><u>Article 18:</u> You have the right to be brought up by your parents, if possible.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 27:</u> You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.</p> | <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 17:</u> You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> | <p><u>Article 13:</u> You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others.</p> <p><u>Article 14:</u> You have the right to think what you like and be whatever religion you want to be, with your parents' guidance.</p> | <p><u>Article 24:</u> You have a right to the best health possible and to medical care and to information. that will help you to stay well.</p> <p><u>Article 31:</u> You have the right to play and relax by doing things like sports, music and drama.</p> | <p><u>Article 12:</u> You have the right to give your opinion, and for adults to listen and take it seriously.</p> <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 34:</u> You have the right to be protected from sexual abuse.</p> | <p><u>Article 17:</u> You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> <p><u>Article 36:</u> You have the right to protection from any other kind of exploitation.</p> |



Hillcross Primary PSHE Curriculum

| Year 3 | | | | | | | | | | | | |
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| Topic | Autumn 1: Supermarket Sweep | | Autumn 2: Rotten Romans | | Spring 1: Settle Down | | Spring 2: Secret Garden | | Summer 1: Dig Deep | | Summer 2: Whole School Topic | |
| | Families and friendship | Safe Relationships | Respecting Ourselves and Others | Belonging to a community | Media literacy and digital resilience | Money and work | Physical health and Mental wellbeing | Growing and changing | Keeping safe | | | |
| Relationships | Families and friendships What makes a family; features of family life PoS Refs: R1, R6, R7, R8, R9 | Safe relationships Personal boundaries; safely responding to others; the impact of hurtful behaviour PoS Refs: R19, R22, R24, R30 | Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite PoS Refs: R30, R31 | | | | | | | | | |
| Living in the Wider World | | | | Belonging to a community The value of rules and laws; rights, freedoms and responsibilities PoS Refs: L1, L2, L3 | Media literacy and Digital resilience How the internet is used; assessing information online PoS Refs: L11, L12 | Money and Work Different jobs and skills; job stereotypes; setting personal goals PoS Refs: L25, L26, L27, L30 | | | | | | |
| Health and Wellbeing | | | | | | | Physical health and Mental wellbeing Health choices and habits; what affects feelings; expressing feelings PoS Refs: H1, H2, H3, H4, H6, H7, H17, H18, H19 | Growing and changing Personal strengths and achievements; managing and reframing setbacks PoS Refs: H27, H28, H29 | Keeping safe Risks and hazards; safety in the local environment and unfamiliar places PoS Refs: H38, H39, H41 | | | |
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| Equalities (Role Models) Resources and lessons should reflect and represent all relevant protected characteristics | → Marriage & civil partnerships → Sexual orientation → Ethnicity and race | → Black history month → Bullying links to all protected characteristics → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment | → Respect for everyone: → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity | → Religion and belief → Ethnicity and race → Age → Sexual orientation → Marriage and civil partnership | → Age - restrictions on age to keep safe not to discriminate. | → Sex → Stereotyping- address male vs female roles, the importance of all jobs in the community and that a doctor is not more important than a cleaner. → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief | → Age → Disability → Religion and belief (religions which don't allow medical intervention) | → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Gender reassignment | | | | |

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| | | | | | | → Marriage and civil partnership → Gender reassignment → Pregnancy and maternity | | | |
| Rights Respecting School | <p><u>Article 1:</u> Everyone under 18 has all these rights.</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> <p><u>Article 3:</u> All adults should always do what is best for you.</p> <p><u>Article 4:</u> You have the right to have your rights made a reality by the government.</p> <p><u>Article 5:</u> You have the right to be given guidance by your parents and family.</p> <p><u>Article 28:</u> You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.</p> | <p><u>Article 16:</u> You have the right to privacy.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 34:</u> You have the right to be free from sexual abuse.</p> <p><u>Article 35:</u> No one is allowed to kidnap or sell you.</p> <p><u>Article 36:</u> You have the right to protection from any kind of exploitation (being taken advantage of).</p> <p>Black History Month</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> | <p><u>Article 2:</u> All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.</p> <p><u>Article 29:</u> Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.</p> <p><u>Article 30:</u> You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.</p> | <p><u>Article 6:</u> You have the right to life.</p> <p><u>Article 7:</u> You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country).</p> <p><u>Article 8:</u> You have the right to an identity - an official record of who you are. No one should take this away from you.</p> <p><u>Article 18:</u> You have the right to be brought up by your parents, if possible.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 27:</u> You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.</p> | <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 17:</u> You have the right to collect information from the media - radios, newspapers, television, etc - from all around the world. You should also be protected from information that could harm you.</p> | <p><u>Article 13:</u> You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others.</p> <p><u>Article 14:</u> You have the right to think what you like and be whatever religion you want to be, with your parents' guidance.</p> | <p><u>Article 24:</u> You have a right to the best health possible and to medical care and to information that will help you to stay well.</p> <p><u>Article 31:</u> You have the right to play and relax by doing things like sports, music and drama.</p> | <p><u>Article 12:</u> You have the right to give your opinion, and for adults to listen and take it seriously.</p> <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 34:</u> You have the right to be protected from sexual abuse.</p> | <p><u>Article 17:</u> You have the right to collect information from the media - radios, newspapers, television, etc - from all around the world. You should also be protected from information that could harm you.</p> <p><u>Article 36:</u> You have the right to protection from any other kind of exploitation.</p> |



Hillcross Primary PSHE Curriculum

| Year 4 | | | | | | | | | |
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| Topic | Autumn 1: Walk like an Egyptians. | | Autumn 2: Journey oOer Europe | Spring 1: Battle Stations | | Spring 2: Natural Disasters | Summer 1: | | Summer 2: Whole School Topic |
| | Families and friendship | Safe Relationships | Respecting Ourselves and Others | Belonging to a community | Media literacy and digital resilience | Money and work | Physical health and Mental wellbeing | Growing and changing | Keeping safe |
| Relationships | Positive friendships, including online PoS Refs: R10, R11, R12, R13, R18 | Responding to hurtful behaviour; managing confidentiality; recognising risks online PoS Refs: R20, R23, R27, R28 | Respecting differences and discussing difference sensitively PoS Refs: R32, R33 | | | | | | |
| Living in the Wider World | | | | What makes a community; shared responsibilities PoS Refs: L4, L6, L7 | How data is shared and used PoS Refs: L13, L14 | Making decisions about money; using and keeping money safe PoS Refs: L17, L19 L20, L21 | | | |
| Health and Wellbeing | | | | | | | Maintaining a balanced lifestyle; oral hygiene and dental care PoS Refs: H2, H5, H11 | Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty PoS Refs: H30, H31, H32, H34 | Medicines and household products; drugs common to everyday life PoS Refs: H10, H38, H40, H46 |
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| Equalities (Role Models) Resources and lessons should reflect and represent all relevant protected characteristics | → Marriage & civil partnerships Sexual orientation → Ethnicity and race | → <i>Black history month</i> → <i>Bullying links to all protected characteristics</i> → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment | → Respect for everyone: → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity | → Religion and belief → Ethnicity and race → Age → Sexual orientation → Marriage and civil partnership | → Age - restrictions on age to keep safe not to discriminate. | → Sex → Stereotyping- address male vs female roles, the importance of all jobs in the community and that a doctor is not more important than a cleaner. → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment | → Age → Disability → Religion and belief (religions which don't allow medical intervention) | → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity → Gender reassignment | → Age |

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| | | | | | | → Pregnancy and maternity | | | |
| Rights Respecting School | <p><u>Article 1:</u> Everyone under 18 has all these rights.</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> <p><u>Article 3:</u> All adults should always do what is best for you.</p> <p><u>Article 4:</u> You have the right to have your rights made a reality by the government.</p> <p><u>Article 5:</u> You have the right to be given guidance by your parents and family.</p> <p><u>Article 28:</u> You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.</p> | <p><u>Article 16:</u> You have the right to privacy.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 34:</u> You have the right to be free from sexual abuse.</p> <p><u>Article 35:</u> No one is allowed to kidnap or sell you.</p> <p><u>Article 36:</u> You have the right to protection from any kind of exploitation (being taken advantage of).</p> <p>Black History Month</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> | <p><u>Article 2:</u> All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.</p> <p><u>Article 29:</u> Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.</p> <p><u>Article 30:</u> You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.</p> | <p><u>Article 6:</u> You have the right to life.</p> <p><u>Article 7:</u> You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country).</p> <p><u>Article 8:</u> You have the right to an identity - an official record of who you are. No one should take this away from you.</p> <p><u>Article 18:</u> You have the right to be brought up by your parents, if possible.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 27:</u> You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.</p> | <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 17:</u> You have the right to collect information from the media - radios, newspapers, television, etc - from all around the world. You should also be protected from information that could harm you.</p> | <p><u>Article 13:</u> You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others.</p> <p><u>Article 14:</u> You have the right to think what you like and be whatever religion you want to be, with your parents' guidance.</p> | <p><u>Article 24:</u> You have a right to the best health possible and to medical care and to information that will help you to stay well.</p> <p><u>Article 31:</u> You have the right to play and relax by doing things like sports, music and drama.</p> | <p><u>Article 12:</u> You have the right to give your opinion, and for adults to listen and take it seriously.</p> <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 34:</u> You have the right to be protected from sexual abuse.</p> | <p><u>Article 17:</u> You have the right to collect information from the media - radios, newspapers, television, etc - from all around the world. You should also be protected from information that could harm you.</p> <p><u>Article 36:</u> You have the right to protection from any other kind of exploitation.</p> |



Hillcross Primary PSHE Curriculum

| Year 5 | | | | | | | | | | |
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| Topic | Autumn 1: We're the kids in America | | Autumn 2: Third Rock from the sun | Spring 1: It's all Greek to me. | | Spring 2: Oh I do like to be beside the seaside. | | Summer 1: Marvelous Mayas | | Summer 2: Whole School Topic |
| | Families and friendship | Safe Relationships | Respecting Ourselves and Others | Belonging to a community | Media literacy and digital resilience | Money and work | | Physical health and Mental wellbeing | Growing and changing | Keeping safe |
| Relationships | Managing friendships and peer influence PoS Refs: R14, R15, R16, R17, R18, R26 | Physical contact and feeling safe PoS Refs: R9, R25, R26, R27, R29 | Responding respectfully to a wide range of people; recognising prejudice and discrimination PoS Refs: R20, R21, R31, R33 | | | | | | | |
| Living in the Wider World | | | | Protecting the environment; compassion towards others PoS Refs: L4, L5, L19 | How information online is targeted; different media types, their role and impact PoS Refs: L12, L14 | Identifying job interests and aspirations; what influences career choices; workplace stereotypes PoS Refs: L27, L28, L29, L31, L32 | | | | |
| Health and Wellbeing | | | | | | | Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies PoS Refs: H8, H9, H10, H12 | Personal identity; recognising individuality and different qualities; mental wellbeing PoS Refs: H16, H25, H26, H27 | Keeping safe in different situations, including responding in emergencies, first aid and FGM PoS Refs: H38, H43, H44, H45 | |
| British Values Democracy is exercised throughout the year for Head teacher Awards etc. | → Democracy → Rule of law | → The Rule of Law → Individual Liberty | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Individual liberty | → Democracy → The Rule of Law → Individual liberty | → The Rule of Law → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy - jobs panel → Individual liberty | → Individual liberty → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith | → Individual liberty - being your true self → Rule of Law - to protect people | → Rule of Law → Individual liberty | |
| Equalities (Role Models) Resources and lessons should reflect and represent all relevant protected characteristics | → Marriage & civil partnerships → Sexual orientation → Ethnicity and race | → Black history month → Bullying links to all protected characteristics → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment | → Respect for everyone: → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity | → Religion and belief → Ethnicity and race → Age → Sexual orientation → Marriage and civil partnership | → Age - restrictions on age to keep safe not to discriminate. | → Sex → Stereotyping- address male vs female roles, the importance of all jobs in the community and that a doctor is not more important than a cleaner. → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief | → Age → Disability → Religion and belief (religions which don't allow medical intervention) | → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity → Gender reassignment | → Age | |

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| | | | | | | → Marriage and civil partnership → Gender reassignment → Pregnancy and maternity | | | |
| Rights Respecting School | <p><u>Article 1:</u> Everyone under 18 has all these rights.</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> <p><u>Article 3:</u> All adults should always do what is best for you.</p> <p><u>Article 4:</u> You have the right to have your rights made a reality by the government.</p> <p><u>Article 5:</u> You have the right to be given guidance by your parents and family.</p> <p><u>Article 28:</u> You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.</p> | <p><u>Article 16:</u> You have the right to privacy.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 34:</u> You have the right to be free from sexual abuse.</p> <p><u>Article 35:</u> No one is allowed to kidnap or sell you.</p> <p><u>Article 36:</u> You have the right to protection from any kind of exploitation (being taken advantage of).</p> <p>Black History Month</p> <p><u>Article 2:</u> You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> | <p><u>Article 2:</u> All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.</p> <p><u>Article 29:</u> Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.</p> <p><u>Article 30:</u> You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.</p> | <p><u>Article 6:</u> You have the right to life.</p> <p><u>Article 7:</u> You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country).</p> <p><u>Article 8:</u> You have the right to an identity – an official record of who you are. No one should take this away from you.</p> <p><u>Article 18:</u> You have the right to be brought up by your parents, if possible.</p> <p><u>Article 19:</u> You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p><u>Article 27:</u> You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.</p> | <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 17:</u> You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> | <p><u>Article 13:</u> You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others.</p> <p><u>Article 14:</u> You have the right to think what you like and be whatever religion you want to be, with your parents' guidance.</p> | <p><u>Article 24:</u> You have a right to the best health possible and to medical care and to information, that will help you to stay well.</p> <p><u>Article 31:</u> You have the right to play and relax by doing things like sports, music and drama.</p> | <p><u>Article 12:</u> You have the right to give your opinion, and for adults to listen and take it seriously.</p> <p><u>Article 16:</u> You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p><u>Article 34:</u> You have the right to be protected from sexual abuse.</p> | <p><u>Article 17:</u> You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> <p><u>Article 36:</u> You have the right to protection from any other kind of exploitation.</p> |



Hillcross Primary PSHE Curriculum

| Year 6 | | | | | | | | | |
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| Topic | Autumn 1: Everybody wants to Rule the world | | Autumn 2: A Class Act | | Spring 1: War of the Worlds. | | Spring 2: Peace at last | | Summer 1: Game Set and Match |
| | Families and friendship | Safe Relationships | Respecting Ourselves and Others | Belonging to a community | Media literacy and digital resilience | Money and work | Physical health and Mental wellbeing | Growing and changing | Keeping safe |
| Relationships | Attraction to others; romantic relationships; civil partnership and marriage PoS Refs: R1, R2, R3, R4, R5, R7 | Recognising and managing pressure; consent in different situations PoS Refs: R26, R28, R29 | Expressing opinions and respecting other points of view, including discussing topical issues PoS Refs: R30, R34 | | | | | | |
| Living in the Wider World | | | | Valuing diversity; challenging discrimination and stereotypes PoS Refs: L8, L9, L10, R21 | Evaluating media sources; sharing things online PoS Refs: H37, L11, L13, L15, L16 | Influences and attitudes to money; money and financial risks PoS Refs: L18, L22, L23, L24 | | | |
| Health and Wellbeing | | | | | | | What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online PoS Refs: H13, H14, H15, H20, H21, H22, H23, H24 | Human reproduction and birth; increasing independence; managing transitions PoS Refs: H24, H33, H35, H36 | Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media PoS Refs: H37, H42, H46, H47, H48, H49, H50 |
| British Values Democracy is exercised throughout the year for Head teacher Awards etc. | → Democracy → Rule of law | → The Rule of Law → Individual Liberty | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Individual liberty | → Democracy → The Rule of Law → Individual liberty | → The Rule of Law → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy | → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith → Democracy - jobs panel → Individual liberty | → Individual liberty → Mutual Respect and Tolerance of those with different faiths and beliefs and for those without faith | → Individual liberty - being your true self → Rule of Law - to protect people | → Rule of Law → Individual liberty |
| Equalities (Role Models) Resources and lessons should reflect and represent all relevant protected characteristics | → Marriage & civil partnerships → Sexual orientation → Ethnicity and race | → Black history month → Bullying links to all protected characteristics → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment | → Respect for everyone: → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity | → Religion and belief → Ethnicity and race → Age → Sexual orientation → Marriage and civil partnership | → Age - restrictions on age to keep safe not to discriminate. | → Sex → Stereotyping- address male vs female roles, the importance of all jobs in the community and that a doctor is not more important than a cleaner. → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Marriage and civil partnership → Gender reassignment | → Age → Disability → Religion and belief (religions which don't allow medical intervention) | → Sexual orientation → Ethnicity and race → Age → Disability → Sex → Religion and belief → Pregnancy and maternity → Gender reassignment | → Age |

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| | | | | | | → Pregnancy and maternity | | | |
| Rights Respecting School | <p>→ Article 1: Everyone under 18 has all these rights. Article 2: You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> <p>→ Article 3: All adults should always do what is best for you.</p> <p>→ Article 4: You have the right to have your rights made a reality by the government.</p> <p>→ Article 5: You have the right to be given guidance by your parents and family.</p> <p>→ Article 28: You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.</p> | <p>→ Article 16: You have the right to privacy.</p> <p>→ Article 19: You have the right to be protected from being hurt and mistreated, in body or mind.</p> <p>→ Article 34: You have the right to be free from sexual abuse.</p> <p>→ Article 35: No one is allowed to kidnap or sell you.</p> <p>→ Article 36: You have the right to protection from any kind of exploitation (being taken advantage of).</p> <p>→</p> <p>→ Black History Month</p> <p>→ Article 2: You have the right to protection against discrimination. This means that nobody can treat you badly because of your colour, sex or religion, if you speak another language, have a disability, or are rich or poor.</p> | <p>→ Article 2: All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.</p> <p>→ Article 29: Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.</p> <p>→ Article 30: You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.</p> | <p>→ Article 6: You have the right to life</p> <p>→ Article 7: You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country). Article 8: You have the right to an identity – an official record of who you are. No one should take this away from you.</p> <p>→ Article 18: You have the right to be brought up by your parents, if possible.</p> <p>→ Article 19: You have the right to be protected from being hurt and mistreated, in body or mind</p> <p>→ Article 27: You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.</p> <p>→</p> | <p>→ Article 16: You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p>→ Article 17: You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> | <p>→ Article 13: You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others</p> <p>→ Article 14: You have the right to think what you like and be whatever religion you want to be, with your parents' guidance.</p> <p>→ Article 29 (goals of education) Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.</p> | <p>→ Article 24: You have a right to the best health possible and to medical care and to information. that will help you to stay well.</p> <p>→ Article 31: You have the right to play and relax by doing things like sports, music and drama.</p> | <p>→ Article 12: You have the right to give your opinion, and for adults to listen and take it seriously.</p> <p>→ Article 16: You have the right to a private life. For instance, you can keep a diary that other people are not allowed to see.</p> <p>→ Article 34: You have the right to be protected from sexual abuse.</p> | <p>→ Article 17: You have the right to collect information from the media – radios, newspapers, television, etc – from all around the world. You should also be protected from information that could harm you.</p> <p>→ Article 36: You have the right to protection from any other kind of exploitation.</p> |